

Conquer Your Day



Create a
smooth, efficient
schedule with
the simple
suggestions on
the next few
pages. There are
even blank ones
for you to
personalize.



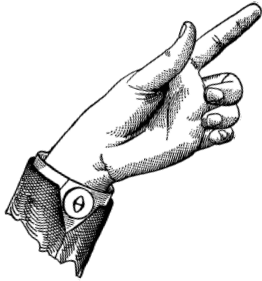
Notes for Tackling Chaos



Declutter Your Life

SIMPLE:

- Clothes
- Furnishings
- Food
- Curriculum



Strip
everything
down to
the basics!

Children need:

- Love and comfort from parents and God
- Nourishing food
- Clean bodies
- Safe and healthy environment
- The tools of learning along with stimulation for self-education



My feet
are killing
me!



Dads Need:

- To know they are valued and respected
- To enjoy affection from their wives
- To come home to comfort and rest
- To be assured their kids are going to be well educated

Moms need:

- To have a sense of peace
- To feel rested
- To be fueled with good food, prayer, and the Word



This
lace is
so
itchy.

Every Family is Different

Tailor this advice to your needs



Daily Routine

1/2 hour before bed:

Start the Night Before



- Set the timer and quick clean for 15 min.
- Get the children to dress and brush teeth.
- Tuck everyone in.



In the Morning

Mom:

- Prayer
- Pretty



Kids:

- Beds
- Teeth
- Face
- Hair
- Clothes



Breakfast:

- Bagels
- Instant oats
- Egg sandwiches
- Waffels
- Quick breads



Homeschooling

Basics:

- Bible
- Phonics
- Math
- Reading
- Writing
- Penmanship



Extras:

- Singing
- Read aloud
- Nature walk
- Notebooking

Big Picture

- | | |
|----------------------------|---------------------|
| • Beds | • Dinner prep |
| • Hygiene | • Clean up for Dad |
| • Breakfast | • Dinner |
| • Schoolies | • Clean up |
| • Clean-up | • Family Time |
| • Lunch | • Quick pick up |
| • Clean-up | • Dress and tuck in |
| • Quiet time | • Dad and Mom time |
| • Physical activity | |
| • Free time/notebook pages | |



* Homeschool four days a week

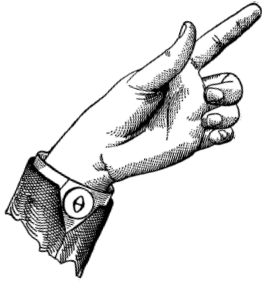
* Take every seventh week off



Notes for Tackling Chaos



Declutter Your Life



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The Children need:

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Daddy Needs:



I Need:

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**Every Family is
Different**

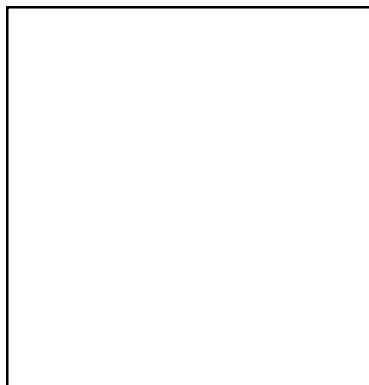
Tailor this advice to your
needs



Daily Routine



Start the
Night
Before



In the Morning

Mom:



Kids:

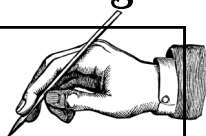


Breakfast:



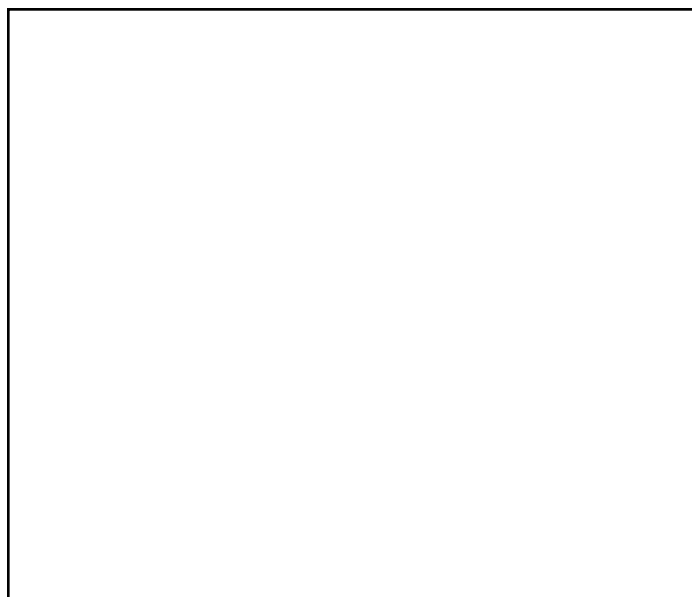
Homeschooling

Basics:



Extras:

Big Picture



* Homeschool four days a week

* Take every seventh week off

